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Ward, Diane Raines, 'Flowers are a Mine for a Spice More Precious than Gold', *The Smithsonian*, 19.5 1988, pp 105-11

Whiteman, Mary, 'Crocus Sativus – the Saffron of Walden' A brief history of a lost local industry. (1972) 8 pp

Willard, Pat, 'Secrets of Saffron' *The Vagabond Life of the World's Most Seductive Spice*.(2001) 225 pp

Contemporary Medical uses of Saffron

Abdullaev, F. 'Cancer Chemo-preventive and Tumoricidal Properties of Saffron (*Crocus Sativus* L.)', *Experimental Biology and Medicine*, 227 (2002) pp 20-25

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Srivastava and others, 'Crocus Sativus L.: A Comprehensive Review' *Pharmacognosy Reviews*, 4, 8, (July-December 2010) pp 200-208



The Gibson Library Saffron Walden

All About Saffron (*Crocus Sativus*)



Saffron from Gerard's Herbal

A Reading List

Saffron (*Crocus Sativus*) - A Reading List

This reading list is based on items in the Gibson Library's Local Studies Collection.

'An Account of Saffron': The Manner of its Culture and saving for Use, with the advantages It will be of to this Kingdom. Published by Order of the Dublin Society. (1732) pp 15

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Clarke, Joseph, 'Notes on the Saffron Plant (*Crocus sativus*, L.) and in Connection with the Name of the Town of Saffron Walden', *Essex Naturalist* 1 (1887), pp 9-16

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Dobson, Susi, *A History of the Saffron Industry in Saffron Walden*. Typescript 'A' Level Essay. (1981) 17pp.

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Study of Saffron, the King of Plants, Brill, Leiden & Boston, (2020) (Brill's Studies in Intellectual History vol 319) x, 321pp; illustrated. (translation of *Crocologia*, originally published in Jena in 1671, comp by Johann Ferdinand Hertodt

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Neale, Kenneth, Saffron Walden: 'Crocuses and Crokers', in Neale, K. (ed) '*Essex: Full of Profitable Things*' (1996) (*lending of copy of Neale available)

Panda, Himradi, *Herbal and Aromatic Plants - 45 Crocus Sativus (Saffron) Cultivation, Processing, Utilizations and Applications* Discovery Publishing House, (2018) pp 276

Rees, A.R., 'Saffron – An Expensive Plant Product' *The Plantsman*, 9, IV. (1988) pp 210-217

The Saffron Crocus Saffron Walden Museum Leaflet No. 13. n.d.

The Saffron Crocus History & Cookery Saffron Walden Museum. 2003